The Cambridge Endoscopic Airway Training Course
Awake Fibreoptic Intubation

Cambridge University Hospitals NHS Foundation Trust

18 - 19 February 2013
30 September - 1 October 2013
31 March - 1 April 2014
20 - 21 October 2014

Addenbrooke’s Hospital
Hills Road, Cambridge

This course has been made possible by technical, administrative and financial support from OLYMPUS
Who will find this course useful

This course is designed to teach all grades of anaesthetists a reliable and reproducible technique for using the fibreoptic scope to intubate the awake patient.

It may also be of use for ODPs and anaesthetic nurses. Reduced rates are available.

The Cambridge Endoscopic Airway Course is an intensive training programme in fibreoptic intubation. Training in fibreoptic intubation is difficult to obtain and experience of awake techniques even more so.

The technique of fibreoptic intubation is easily taught and learned on conscious individuals.

We demonstrate, teach and supervise delegates in topical local anaesthesia of the airway and awake fibreoptic intubation using course delegates as subjects. There are two levels of course entry, as a participant or as an observer. Observers will not be expected to undergo airway endoscopy or intubation. The number of delegates is small to maintain intensive instruction, so numbers are limited to 6 participants and 2 observers. Participants will be tutored in all aspects of fibreoptic intubation.

The final practical session will allow participants to bring together the practical skills they have learned. Following a demonstration on an instructor, participants will perform topical local anaesthesia and endoscopy of the airway on each other in turn, under very close supervision.

We expect that participants will perform endoscopy on four to five individuals and be given the opportunity to perform endotracheal anaesthesia in the process. The medical exclusions to participation are listed on the application form.

Individuals excluded for medical reasons and those who do not wish to participate in the final practical session will be considered as observers.

2 Days – 10 CEPD points
£300 Participant / £350 Observer
www.awakeintubation.co.uk

Programme

Day 1, 12:30pm – 6:30pm
Welcome
Session 1: Endoscopes
Session 2: Fibreoptic endoscopy - theory
Coffee
Session 3: Practical session
Session 4: Demonstration

Day 2, 8:00am – 3:00pm
Welcome
Session 1: Fibreoptic endoscopy - practical session
Session 2: Indications for awake and sleep fibreoptic intubation, and maintaining skills.
Lunch
Feedback
Close

Contact us

Please see the website for maps and more information about directions to Addenbrooke’s Hospital.

www.awakeintubation.co.uk

Dr Jane Sturgess - Tel: 01223 216292
jane.sturgess@addenbrookes.nhs.uk
awake.intubation@addenbrookes.nhs.uk

Department of Anaesthesia, Box 93 Cambridge University Hospitals NHS Trust, Hills Road, Cambridge, CB2 0QQ, UK
The Cambridge Endoscopic Airway Training Course

Awake Fibreoptic Intubation

Application Form - Observer

- Surname: .................................................................................................................................... Mr / Mrs / Miss / Ms
- First Name: .................................................................................................................................. Sex: Male / Female
- Address: ......................................................................................................................................................................
- ....................................................................................................................................................................................
- ....................................................................................................................................................................................
- ....................................................................................................................................................................................
- Postcode: ....................................
- Contact Numbers: Work: .......................................................................................................................... Home/Mobile: ................................... … … … .
- Email Address: ............................................................................................................................................................
- Qualifications (with dates): ........................................................................................................................................
- ....................................................................................................................................................................................
- GMC Registration No: ................................................................................................................................................
- Current Grade: ............................................................................................................................................................
- Current Hospital: ........................................................................................................................................................
- What level of experience in fibreoptic intubation do you have?       None / Minimal / Moderate / Extensive
- Approximately how many fibreoptic intubations under GA have you performed?
- Under Supervision: .......................................................... Solo: ................................................................................
- Approximately how many intubations under LA have you performed?
- Under Supervision: .......................................................... Solo: ................................................................................
- What do you hope to gain from this course? ................................................................................................................
- ....................................................................................................................................................................................
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- If the course is oversubscribed would you like to be offered a cancellation, possibly at short notice? Yes / No
- I enclose a cheque for £350.00 made payable to “Difficult Airway Fund”.
- Please return complete form and course fee to:
  Dr Jane Sturgess, Anaesthetic Department, Box 93, Addenbrooke’s Hospital, Hills Road, Cambridge, CB2 2QQ.
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**ALL SECTIONS MUST BE COMPLETED**

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What level of experience in fibreoptic intubation do you have? 
- None / Minimal / Moderate / Extensive

Approximately how many fibreoptic intubations under GA have you performed?
- Under Supervision: | Solo: |

Approximately how many intubations under LA have you performed?
- Under Supervision: | Solo: |

What do you hope to gain from this course?

- [Blank Lines]
CONSENT TO INTUBATION UNDER LOCAL ANAESTHESIA

As a participant, the course will involve undergoing fibreoptic naso/orotracheal intubation under topical local anaesthesia. If you are unwilling to consent to this please apply for course attendance as an observer.

Participants must not drive for at least four hours after the procedure therefore you must make arrangements to stay locally after the course.

MORBIDITY

Inevitably there is some discomfort during the procedure, mainly airway irritation which causes coughing. You should expect some post-procedural nasal stuffiness, lasting a few days and a dry mouth for 3-4 hours.

RISKS OF AWAKE FIBROPTIC INTUBATION UNDER LA INCLUDE:

- Trauma anywhere within the airway.
- Allergic reaction to latex, xylometazoline, lignocaine, or glycopyrrolate.
- Local anaesthetic toxicity, leading to convulsions or cardiac arrest.
- Aspiration of gastric contents.
- Infections, local or systemic, due to Hepatitis B, C, HIV, TB, CJD and any other contaminating organisms.

Any Queries?

If you wish to discuss the course, or need further clarification, please contact Dr Jane Sturgess on 01223 217897, who will answer any queries.

All applicants wishing to participate in, rather than observe the course should complete the consent form below.

Consent to Tracheal Intubation Under Local Anaesthetic

I wish to participate in the Cambridge Endoscopic Airway Training Course and in doing so I am willing to act as a subject for tracheal intubation under topical local anaesthesia. I am aware of the possible risks of the procedure and of the alternative option which is to apply to join the course as an observer. I am also aware that I must not drive a motor vehicle for at least four hours following the procedure.

Please print your name: ..............................................................................................................................................

Signature: ...................................................................................................................................................................

Date: ....................................................................................................................................................................

Your reaffirmation of consent will be sought at the time of training and you will be asked to sign the form below.

Please print your name: ..............................................................................................................................................

Signature: ...................................................................................................................................................................

Date: ....................................................................................................................................................................

I enclose a cheque for £300.00 made payable to “Difficult Airway Fund”.

Dr Jane Sturgess, Anaesthetic Department, Box 93, Addenbrooke’s Hospital, Hills Road, Cambridge, CB2 2QQ.